

Family Healing Audio Songbooks

Nostalgic Sounds, Nurturing Songs

A Study Guide to Therapeutic Themes | Chris & Carol Green

These aren't just songs — they're guided moments to help you slow down, feel what's been buried, and begin healing, one story, one lyric, one breath at a time. Use this guide to choose the audio songbook that best matches what your family needs to hear right now, then gather together, press play, and let the conversation begin.

SONGBOOK	THERAPEUTIC THEME	HOW IT HELPS YOUR FAMILY
I'd Do It Again Audio Songbook #1	Enduring Love & Commitment	For couples reflecting on decades together — reinforces gratitude and recommitment, a gentle prompt to say “I’d choose you again.”
Well Done Audio Songbook #2	Honoring Legacy & Life's Work	Affirms a lifetime of sacrifice and faithfulness. Ideal for honoring parents, elders, or a loved one's contributions to the family.
Vintage Audio Songbook #3	Reconnecting With Family Roots	Nostalgic melodies that spark storytelling — helps grandchildren discover “where they come from” and value family history.
Zeal for Your House Audio Songbook #4	Renewing Spiritual Passion	Rekindles devotion and enthusiasm for faith; encourages renewed commitment to prayer, worship, and spiritual practice at home.
This Time Audio Songbook #5	Second Chances & Restoration	For families navigating a fresh start after conflict or distance — frames reconciliation as possible, hopeful, and worth pursuing.
Tabernacle Among Us Audio Songbook #6	Comfort in God's Presence	Grounding songs for anxious or uncertain seasons; reminds listeners they are never alone — God's presence is close and constant.
Never Could Have Known Audio Songbook #7	Navigating Grief With Grace	Companion songs for loss, disconnection, and unexpected hardship; offers language for pain that is hard to speak aloud.
Hear His Call Audio Songbook #8	Discovering Purpose & Calling	Encourages listeners to identify God-given purpose — useful for life transitions, retirement, or mentoring the next generation.
A Family Thing Audio Songbook #9	Strengthening Family Bonds	Celebrates togetherness and shared identity; a joyful soundtrack for reunions, holidays, and everyday family connection.
Wisdom Audio Songbook #10	Gaining Wisdom & Perspective	Reflective songs for life review and mentorship; helps elders pass down hard-won insight to children and grandchildren.

**A Conversation Starter • A Source of Comfort & Strength • A Celebration of Life •
A Gift That Keeps On Giving**

Listen, download, and build your own Family Healing playlist at chrisandcarolgreen.com